

Department of Liberal Education
Era University, Lucknow
Course Outline
Effective From: 2023-24

Name of the Program	B.A. / B.Sc. (LIBERAL EDUCATION)			Year/ Semester:	2nd / 3rd
Course Name	Developmental Psychology	Course Code:	PSY201	Type:	Theory
Credits	05			Total Sessions Hours:	75 Hours
Evaluation Spread	Internal Continuous Assesment:	50 Marks		End Term Exam:	50 Marks
Type of Course	<input type="radio"/> Compulsory	<input checked="" type="radio"/> Core	<input type="radio"/> Creative	<input type="radio"/> Life Skill	
Course Objectives	To give the student a comprehension of the idea and mechanism of human growth throughout life to spread knowledge about the numerous facets of human growth fostering awareness of the sociocultural, biological and psychological aspects through various theories of human development.				
Course Outcomes (CO): <i>After the successful course completion, learners will develop following attributes:</i>					
Course Outcome (CO)	Attributes				
CO1	Students will actively promote the value of understanding and supporting healthy development in various contexts, including educational institutions, communities, and policy-making arenas.				
CO2	A student will learn and develop an ability to identify the milestones in diverse domains of human developments across the various stages of life.				
CO3	Pupil will understand the contributions of socio-cultural, biological and psychological context toward shaping human development and acquire an ability to decipher key developmental challenges and issues.				
CO4	Student will be capable of assessing and measuring multiple dimensions of human development using the proper tools and procedures.				
Pedagogy	Interactive, discussion-bases, student-centered, presentation.				
Internal Evaluation Mode	Mid-term Examination: 20 Marks Activity: 10 Marks Class test: 05 Marks Online Test/Objective Test: 05 Marks Assignments/Presentation: 05 Marks Attendance: 05 Marks				
Session Details	Topic			Hours	Mapped CO
Unit 1	<ul style="list-style-type: none"> ● Introduction To Developmental Psychology: Meaning, Cross-Cultural, longitudinal perspectives, lifespan perspective on development. ● Factors influencing development; Growth, Maturation and Development. Principles of development. ● Nature Vs. Nurture theory and Gesell's theory. <p>Activities</p> <p>1.Prepare a report on indentifying the most important processes, periods, and issues in development.</p>			15	CO1, CO2, CO3, CO4

	<p>2. Case Study: Select an individual or a group and follow their development over an extended period. Collect data through interviews, observations, and assessments to gain an in-depth understanding of their unique developmental trajectory.</p> <p>3. How can gender, cultural, and ethnic bias affect the outcome of a research study?</p> <p>4. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)</p>		
Unit 2	<ul style="list-style-type: none"> Genetic foundations: The genetic processes, genetic principles, chromosome and genetic anomalies. Reproductive challenges; Overview of Stages of Development: Prenatal Stage, Childhood, Adolescence, Adulthood and Old age. Principles of Baltes's life span approach (6 principles). <p>Activities</p> <p>1.You and your parents grew up at different points in time. Consider some ways that you are different from your parents. Do you think some of your differences might be due to cohort effects?</p> <p>2.Measure Emotional Maturity</p> <p>3. Analyse Marital Conflict</p> <p>4. Report based on developmental screening test</p> <p>4. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)</p>	20	CO1, CO2, CO3, CO4
Unit 3	<ul style="list-style-type: none"> Theories of development–Motor development, Cognitive development (Piagetian theory),Language development(Naom Chomsky theory), Moral development (Lawrence Kohlberg) <p>Activities</p> <p>1.Prepare report on language immersion</p> <p>2. Prepare a report on cognitive task experiment</p> <p>3. Analyse few issues based on moral dilemma and prepare a report</p> <p>4. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)</p>	20	CO1, CO2, CO3, CO4
Unit 4	<ul style="list-style-type: none"> Theories of development– Psychosexual development, Psycho-social development (Erik Erikson's theory), Socio-Cognitive development (Lev Vygotsky's theory), Attachment (Harry Harlow's theory and Winnicott); <p>Activities</p> <p>1.Measure Attachment Style</p> <p>2. Measure Social desirability</p> <p>3. Which of the life-span theories do you think best explains your own development? Why?</p> <p>4 Measure Life Satisfaction</p> <p>5. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)</p>	20	CO4

CO-PO and PSO Mapping

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	1	1	1	1	2	3	2	3	2	1	2	3	1	1
CO2	2	3	1	2	1	1	3	2	1	1	2	2	2	2
CO3	2	2	2	2	2	1	2	2	3	3	3	2	3	3
CO4	2	2	2	3	1	3	2	2	2	3	3	3	2	3

Strong contribution-3,

Average contribution-2,

Low contribution-1,

Suggested Readings:	
Text- Books	<ul style="list-style-type: none"> • Santrock, J.W. (2012). Life Span Development (13th ed.). New Delhi: McGraw-Hill. • Santrock, J. W. (2011). Child Development (13th ed.). New Delhi: McGraw-Hill. • Belsky J. (2010) Experiencing Life Span. (2nd ed.). New York: Worth Publishers
Reference Books	<ul style="list-style-type: none"> • Berk, L.E. (2017). Development through the Life span (7th ed.). Allyn & Bacon: Pearson. • Misra, G. (2011). Handbook of Psychology in India (Section IV), New Delhi: Oxford University Press.
Para Text	<p>Suggested Articles/ Movies/Short Film/ Videos</p> <p>Unit 1</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=JC7nXViriHM (Gessel's theory) • Movie: Nell (Psycho-socio Developmental stages) <p>Unit 2</p> <ul style="list-style-type: none"> • Movie: Goodwill Hunting (Developmental issues) • https://courses.lumenlearning.com/waymaker-psychology/chapter/stages-of-development/ (Prenatal stages of development) • https://www.youtube.com/watch?v=J6XqDRdGScY (Environmental Impacts on Pregnancy) <p>Unit 3</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=IhcgYgx7aAA (Piaget's theory) • https://www.youtube.com/watch?v=OV7rYc1W4Aw (Chomsky's theory) <p>Unit 4</p> <ul style="list-style-type: none"> • https://scholarworks.smith.edu/cgi/viewcontent.cgi?article=1665&context=theses (Attachment Theories) • https://www.youtube.com/watch?v=aYCBdZLCDBQ (Erikson's theory) • https://www.youtube.com/watch?v=mQaqXK7z9LM (Freud's theory)

Recapitulation & Examination Pattern

Internal Continuous Assesment:

Component	Marks	Pattern
Mid Semester	20	<p>Section A: Contains 10 MCQs/Fill in the blanks/One Word Answer/ True-False type of questions. Each question carries 0.5 mark.</p> <p>Section B: Contains 07 descriptive questions out of which 05 questions are to be attempted. Each question carries 03 marks.</p>
Activity	10	Will be decided by subject teacher
Class Test	05	Contains 05 descriptive questions. Each question carries 01 mark.
Online Test/ Objective Test	05	Contains 10 multiple choice questions. Each question carries 0.5 mark.
Assignment/ Presentation	05	Assignment to be made on topics and instruction given by subject teacher
Attendance	05	As per policy
Total Marks	50	

Course created by: **Dr. Madhu Pandey**

Signature:

Approved by: **Prof. Meenakshi Gupta**

Signature:

